
Cassandra Vieten, PhD

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Center for Mindfulness/Centers for Integrative Health
Arthur C. Clarke Center for Human Imagination
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Section I: Employment History and Education

Previous Applicable Employment

01/1987–01/1988	Group Home Counselor Chaparral Treatment Centers, Colton, CA
01/1987–01/1988	Research Interviewer UCLA Alcohol Education Project, West Covina, CA
01/1988–01/1991	Substance Abuse Counselor MFI Recovery Center, Riverside, CA
01/1991–01/1994	Substance Abuse Counselor/Research Assistant Center Point, Inc., San Rafael, CA
09/1994–06/1995	Psychotherapy Intern, Haight Ashbury Psychological Services, San Francisco, CA
04/1994–07/1998	Clinical Research Assistant, Gallo Clinic and Research Center, University of California, San Francisco
09/1996–06/1998	Psychotherapy Intern, Center for Special Problems, San Francisco, CA
09/1999–01/2001	Adjunct Instructor, Department of Neurology, University of California, San Francisco
04/1999–02/2003	Co-Investigator/Clinical Director, Gallo Clinic and Research Center, University of California, San Francisco
01/2001–02/2003	Adjunct Assistant Professor, Department of Neurology, University of California, San Francisco
03/2003–09/2004	Psychologist, University of California, San Francisco
01/2000–03/2008	Research Psychologist, Institute of Noetic Sciences, Petaluma, CA
04/2008–01/2009	Assoc. Director of Research, Institute of Noetic Sciences, Petaluma, CA
02/2009–02/2013	Director of Research, Institute of Noetic Sciences, Petaluma, CA
09/1999–06/2005	Adjunct Faculty, The Wright Institute, Berkeley, CA
09/2003–06/2008	Research Faculty, Institute for Transpersonal Psychology, Palo Alto, CA
02/2003–07/2018	Scientist (Assistant to Associate to Full Scientist) California Pacific Medical Center Research Institute, San Francisco Research on mindfulness-based interventions and health effects of spiritual engagement.
03/2013–09/2016	President and CEO, Institute of Noetic Sciences, Petaluma, CA Executive leadership of a \$5M/annual research institute and campus with 49 employees and 5000 students per year, raised over \$10M in donor and grant support, strategic planning, increased science team threefold, established fellowship program, clarified and advanced the vision and mission, maintained board and high-level donor relationships, development of curricula and programs, original research, authorship, public speaking.
10/2016–06/2019	President, Institute of Noetic Sciences

Advancement of the vision and mission of the Institute, thought leadership and public speaking, fundraising and donor relations, effective messaging, scientific leadership and original research.

09/2018–02/2021 **Visiting Scholar**, Department of Family Medicine and Public Health
University of California, San Diego

08/2019–02/2021 **Scholar in Residence**, Arthur C. Clarke Center for Human Imagination
University of California, San Diego

07/2019–03/31/2023 **Executive Director**, John W. Brick Mental Health Foundation

09/2020–03/31/2023 **Clinical Psychologist**, Guarneri Integrative Health, San Diego

07/2021–present **Clinical Psychology Director/Cofounder**, Center for Psychedelic
Research, University of California, San Diego

03/2021–present **Director of Research**, Arthur C. Clarke Center for Human Imagination,
Division of Physical Sciences, University of California, San Diego

01/2022–present **Director**, Center for Mindfulness, Centers for Integrative Health,
Department of Family Medicine, University of California, San Diego

04/2023–present **Clinical Professor**, Department of Family Medicine
University of California, San Diego

Education

09/1987–06/1991 **B.A.**, with honors, Psychology,
California State University, San Bernardino

12/1991–06/1998 **Ph.D.**, Clinical Psychology
California Institute of Integral Studies
Dissertation: “Revisiting the Alcoholic Personality: Object Relations, Affect
Regulation, and Defense Styles in Alcoholic Sibling Pairs”

08/1998–08/1999 **Postdoctoral Fellow**, Gallo Clinic and Research Center, University of
California, San Francisco

License

09/2019 **Clinical Psychologist**, California Board of Psychology, Lic. #31272
(Active 1999-2013, Inactive (no clinical work) 2013-2019, Reactivated
2019)

Section 2: Professional Data

a. University Service

01/1995–08/2000 Member (Gallo Center Representative), Committee on Human Research (IRB),
University of California, San Francisco

03/2005–02/2008 Scientific Merit Reviewer, California Pacific Medical Center Institutional Review
Board

09/2021–08/2022 Mentor, McNair Scholar Mentorship Program, University of California, San Diego

07/2022–present Mentor, Psychiatry Residency Program, University of California, San Diego

b. Memberships

2003–2007 Member: Emotion, Personality and Altruism Research Group, Wright Institute

2003–2010 Member: Mind and Life Research Network

2007–2010 Member: Association for Behavior and Cognitive Therapies

2005–2008 Member: Metanexus Institute

1998–present Member: American Psychological Association

c. Honors and Awards

1999 **Junior Investigator Award**, Research Society on Alcoholism
2019–present **Senior Fellow**, Institute of Noetic Sciences
2023 **Outstanding Investigator** in the Psychology of Religion and Spirituality
 American Psychological Association, Division 36

Current Contracts and Grants

“The Long View: Shifts in Perception and Psychophysiology in Response to the Overview Effect in Virtual Reality”
Private Donor, \$42,126, 2021-2025, PI, Vieten Lab

“Psilocybin in Treatment of Phantom Limb Pain”
Cohen Foundation, UCSD, \$1.8M, 2020-2025, Co-I, PI Adam Halberstadt, Vieten Lab

“Police Officer Wellness and Resilience (POWR)”
California State Commission on Peace Officer Standards and Training, UCSD Contract, \$4,200,000, 2022-2025, PI, 100% Vieten Lab @ Centers for Integrative Health, Dept. of Family Medicine, UCSD

“An Antidote to Burnout?: Countering Medical Provider Stress in Virtual Reality”
Sanford Institute for Empathy and Compassion, UCSD, \$100,000, 2024-2026, PI, Vieten Lab

“UCSD REACH: REsearch Across Complementary and Integrative Health Institutions (REACH) Virtual Resource Center at the University of California San Diego”
NCCIH, UCSD, \$4,250,000, 2025 – 2030, Vieten Lab

Recent Contracts and Grants

“Scoping Review of Empathy and Compassion Measures”
Sanford Institute for Empathy and Compassion, UCSD, \$31,125, 2020-2022, PI, Vieten Lab

“Enhancing Neurobehavioral Effects of Compassion Training Using Immersive Visual Imagery”
Sanford Institute for Empathy and Compassion, UCSD, \$100,000, 2021 – 2022, Co-PI, PI Erik Viirre, Viirre/Vieten Lab

“The Protest, A Prosocial Virtual Empathy Collection”
Sanford Institute for Empathy and Compassion, UCSD, \$30,000, 2021 – 2022, Co-PI, PI Erik Viirre, Viirre/Vieten Lab

“The Neural and Linguistic Mediators of Compassion-Centered Spiritual Health at the Hospital Bedside”
Sanford Institute for Empathy and Compassion, UCSD/Emory University, \$149,985, 2022-2023, Emory PI Jennifer Mascaro, UCSD PI, 30% Vieten Lab, 70% Mascaro Lab

“Integrating Religious and Spiritual Competencies in Mental Health Care Through Training and Systems-Level Change”
The John Templeton Foundation, \$5,188,878, UCSD Subcontract \$735,205, 2021-2024, PI, 14% of overall grant Vieten Lab, 100% UCSD subcontract Vieten Lab

External Professional Activities

2002 Grant Reviewer, National Institute of Allergy and Infectious Diseases
 Specialized Centers of Research on Women’s Health

2006–2008 Peer Reviewer, Journal of Complementary and Alternative Medicine
2008 Grant Reviewer, Department of Defense
2009 Grant Reviewer, NIH, STTR/SBIR
2010 NIH Challenge Grant Reviewer
2011 Grant Reviewer, British National Health Service
2011–2013 Grant Reviewer, RPIA Committee, National Institutes of Health
2015 Grant Reviewer, Health and Medical Research Fund (HMRF) administered by the Food and Health Bureau (FHB), The Government of the Hong Kong Special Administrative Region (HKSAR).
2016 Grant Reviewer, Biomedical Computing and Health Informatics Study Section and Healthcare Delivery and Methodologies (HDM) IRG, National Institutes of Health
2022 Grant Reviewer, UC Irvine Susan Samueli Integrative Health Institute, Institute for Clinical and Translational Science Review Panel
2021 Grant Reviewer, ZAT1 PS(03) NCCIH Training & Education Study Section
2009–present Peer Reviewer, Frontiers in Psychology, PLOS One, Journal of Consulting and Clinical Psychology, Explore Journal, Journal of Complementary and Alternative Medicine, Spirituality in Clinical Practice, Stress and Health, American Psychologist
2020–present Co-Chair, American Psychological Association Division 36 Task Force on developing Practice Guidelines for Spirituality and Mental Health

Other Contributions

2006–2008 Vice-President: Institute for Spirituality and Psychology
2008–2012 President, Board of Directors: Institute for Spirituality and Psychology
2012–2019 Board of Advisors, TEDx Marin
2017–2021 Board of Trustees, The Marin School
2019–present Vice-Chair, Board of Directors, Consciousness and Healing Initiative
2019–present Co-Chair, Board of Directors, Partners for Youth Empowerment
2020–present Board of Directors, Virtual World Society

Student Instructional Activities

Undergraduate Students

Yiyi Chen University of California, San Diego, Research Internship, 2021
Julie Eitzen University of California, San Diego, McNair Scholar Mentor, 2021-2022
Sally Yu University of California, San Diego, Research Internship, 2022
Maximilian Wei University of California, San Diego, Research Internship, 2022
Advay Ramesh University of California, San Diego, Research Internship, 2022
Olivia Roth University of California, San Diego, Research Internship, 2022
Olivia Choi University of California, San Diego, Research Internship, 2022
Olivia Dance University of California, San Diego, Research Internship, 2022
Naomi Crowder University of California, San Diego, Research Internship, 2025
Yulin Chen University of California, San Diego, Research Workstudy, 2025
Juliana Amaya University of California, San Diego, Research Workstudy, 2025

Graduate Students

Ron Pilato The Wright Institute, Dissertation Committee Member, 12/01, Psy.D.
Mary Larenas The Wright Institute, Dissertation Committee Member, 03/04, Psy.D.
Tima Smith The Wright Institute, Dissertation Committee Chair, 06/05, Psy. D.
Simone Taylor The Wright Institute, Dissertation Committee Chair, 06/05, Psy. D.
Noel Nabeshima The Wright Institute, Dissertation Committee Member, 11/05, Psy. D.
Russel Kayser The Wright Institute, Dissertation Committee Chair, 9/06, Psy.D.
Lisa Bialy California Institute of Integral Studies, Research Supervisor, 2005–2006

Celia Doss	California Institute of Integral Studies, Clinical Supervisor, 2005–2006
Raymond Buscemi	The Wright Institute, Clinical Supervisor, 2005–2008
Mary Costello	California Institute of Integral Studies, Clinical Supervisor, 2006–2008
Ashley Lyman	California Institute of Integral Studies, Clinical Supervisor, 2007–2008
Michael Reding	Stanford University, Research Supervisor, 2007–2008
Katherine Coder	Institute for Transpersonal Psychology, Research Supervisor, 2008
Sally Broder	The Wright Institute, Clinical Supervisor, 2007–2008
Deborah Quevedo	Institute for Transpersonal Psych., Dissertation Committee, 2007–2008
Sharifa Karen Krongold	California Institute of Integral Studies, Research Supervisor, 2007–2013
Mary Daly	John F. Kennedy University, Research Supervisor, 2008–2009
Peter Lewis	The Wright Institute, Research Supervisor, 2008–2010
Mollie Lyddane	University of Santa Monica, Research Supervisor 2010-2011
Ingrid Ammonson	Institute of Transpersonal Psychology, Postdoctoral Advisor 2009-2012
Manuel Manotas	California Institute of Integral Studies, Dissertation Committee 2010-2011
Serena Cyr	Sofia University, Dissertation External Reader 2016-2017
Jill Borman	Sonoma State University, Internship Supervisor, 2019
Michael Constantino	Sonoma State University, Internship Supervisor, 2019
Michelle Fowler	Sonoma State University, Internship Supervisor, 2019
Nicole Zelin, MD	University of California, San Diego, Psychiatry Residency Faculty Mentor, 2022

External Reviews of Primary Creative Work

2009	Book Review, Mindful Motherhood, Greater Good Science Center, UC Berkeley LINK
2016	Book Review, Spiritual and Religious Competencies in Clinical Practice, <i>APA PsycCRITIQUES</i> , 61(12) LINK
2016	Book Review, Spiritual and Religious Competencies in Clinical Practice, <i>Journal of Social Work Values and Ethics</i> , 13 (1) LINK
2017	Book Review, Spiritual and Religious Competencies in Clinical Practice, <i>The Professional Counselor</i> LINK

Section 3: Bibliography

A. Primary Published or Creative Work

I. Original Research Articles

1. Seaton K., Cornell J., Wilhelmsen K., Vieten C. (2006) Effective strategies for recruiting families ascertained through alcoholic probands. *Alcoholism: Clinical and Experimental Research*, 28:1, 78-84. <https://doi.org/10.1097/01.ALC.0000107200.88229.57>. (CV contributed Writing-review and editing, conceptualization, project administration)
2. Vieten C., Seaton K.L., Feiler H.S. & Wilhelmsen K. (2004). The UCSF family alcoholism study: I. Design, methods, and demographics. *Alcoholism: Clinical and Experimental Research*, 28:10, 1509-1516. <https://doi.org/10.1097/01.ALC.0000142261.32980.64> (CV contributed Writing – original draft, Writing-review and editing, conceptualization, project administration, investigation, methodology, formal analysis)
3. Vieten C., Amorok T., Schlitz M. (2006). I to we: The role of consciousness transformation in compassion and altruism. *Zygon: Journal of Religion and Science*, 41:4, 917-933. <https://doi.org/10.1111/j.1467-9744.2006.00788.x> (CV contributed Writing – original draft, Writing-review and editing, conceptualization, project administration, investigation, methodology, formal analysis, funding acquisition)

4. Vieten C., Astin J. (2008). Effects of a mindfulness-based intervention during pregnancy on prenatal stress and mood: Results of a pilot study. *Archives of Women's Mental Health*, 11:1, 67-74. doi: 10.1007/s00737-008-0214-3 (CV contributed Writing – original draft, Writing-review and editing, conceptualization, project administration, investigation, methodology, formal analysis, funding acquisition)
5. Gizer, I.R., Seaton-Smith, K.L., Ehlers, C.L., Vieten, C., & Wilhelmsen, K.C. (2010). Heritability of MMPI-2 scales in the UCSF Family Alcoholism Study. *Journal of Addictive Diseases*, 29:1, pp. 84-97. (CV contributed Writing-review and editing, project administration, investigation, methodology, formal analysis)
6. Ehlers, C.L., Gizer, I.R., Vieten, C., Gilder, D.A., Stouffer, G.M., Lau, P. & Wilhelmsen, K.C. (2010). Cannabis dependence in the San Francisco Family Study: Age of onset of use, DSM-IV symptoms, withdrawal, and heritability. *Addictive Behaviors*, 35:2, pp. 102-110. <https://doi.org/10.1016/j.addbeh.2009.09.009> (CV contributed Writing-review and editing, project administration, investigation, methodology, formal analysis)
7. Ehlers, C. L., Gizer, I. R., Vieten, C. & Wilhelmsen, K. C. (2010). Linkage analyses of cannabis dependence, craving, and withdrawal in the San Francisco family study. *American Journal of Medical Genetics Part B: Neuropsychiatric Genetics*, 153B: 802–811. <https://doi.org/10.1002/ajmg.b.31050> (CV contributed Writing-review and editing, project administration, investigation, methodology, formal analysis)
8. Ehlers, C.L., Gizer I.R., Vieten C., Gilder A., Gilder D.A., Stouffer G.M., Lau P., & Wilhelmsen K.C. (2010). Age at regular drinking, clinical course, and heritability of alcohol dependence in the San Francisco family study: A gender analysis. *The American Journal on Addictions*, 19:2, pp. 101-110. <https://doi.org/10.1111/j.1521-0391.2009.00021.x> (CV contributed Writing-review and editing, project administration, investigation, methodology, formal analysis)
9. Schlitz, M.M., Vieten, C. & Miller, E.M. (2010). Worldview transformation and the development of social consciousness. *Journal of Consciousness Studies*, 17:7-8, pp. 18-36. Retrieved from: <https://www.imprint.co.uk/category/jcs-blog/> (CV contributed Writing – original draft, Writing-review and editing, project administration, investigation)
10. Vieten C., Astin J., Buscemi R., Galloway G. (2010). Development of an acceptance-based coping intervention for alcohol dependence relapse prevention. *Substance Abuse*, 31:2, pp. 108-116. <https://doi.org/10.1080/08897071003641594> (CV contributed Writing – original draft, Writing-review and editing, conceptualization, project administration, investigation, methodology, formal analysis, funding acquisition)
11. Schlitz, M.M., Vieten C., Erickson-Freeman, K. (2011). Conscious aging and worldview transformation. *Journal of Transpersonal Psychology*, 43(2), 223-239. Retrieved from: <https://www.atpweb.org/JournalTranspersonalResearch.aspx> (CV contributed Writing – original draft, Writing-review and editing, project administration, investigation)
12. Gizer, I.R., Ehlers, C.L., Vieten, C., Seaton-Smith, K.L., Feiler, H.S., Lee, J.V., Segall, S.K., Gilder, D.A., & Wilhelmsen, K.C. (2011). Linkage scan of nicotine dependence in the UCSF Family Alcoholism Study. *Psychological Medicine*, 41(4):799-808. PMID: PMC3045476. (CV contributed Writing-review and editing, project administration, investigation, methodology, formal analysis)
13. Gizer, I.R., Ehlers, C.L., Vieten, C., Seaton-Smith, K.L., Feiler, H.S., Lee, J.V., Segall, S.K., Gilder, D.A., & Wilhelmsen, K.C. (2011). Linkage scan of alcohol dependence in the UCSF Family Alcoholism Study. *Drug and Alcohol Dependence*, 113: 2-3, pp. 125-132. <https://doi.org/10.1016/j.drugalcdep.2010.07.017> (CV contributed Writing-review and editing, project administration, investigation, methodology, formal analysis)
14. Schlitz, M., Vieten, C., Miller, E., Homer, K., Petersen, K. & Erickson-Freeman, K. (2011). The Worldview Literacy Project: Exploring New Capacities for the 21st Century Student. Johns Hopkins University School of Education New Horizons for Learning, Winter 2011. Retrieved August 8, 2013 from <http://education.jhu.edu/PD/newhorizons/Journals/Winter2011/Schlitz>. (CV contributed Writing – original draft, Writing-review and editing, project administration, investigation)
15. Radin, D.I., Vieten, C., Michel, L., Delorme, A. (2011). Electro cortical activity prior to unpredictable stimuli in meditators and non-meditators. *Explore*, 7(5): 286-299. <https://doi.org/10.1016/j.explore.2011.06.004> (CV contributed Writing-review and editing, investigation, methodology, formal analysis, funding acquisition)

16. Gizer I.R, Ehlers C.L., Vieten, C., Feiler, Heidi S. Gilder, D. A., & Wilhelmsen, K.C. (2012). Genome-wide Linkage Scan of Antisocial Behavior, Depression and Impulsive Substance Use in the UCSF Family Alcoholism Study. *Psychiatric Genetics*. doi: 10.1097/YPG.0b013e328353fb77.
17. Schiltz, M., Hopf, H., Eskenazi, L., Vieten, C., & Radin, D. (2012). Distant Healing Of Surgical Wounds: An Exploratory Study. *EXPLORE: The Journal of Science and Healing*, July 2012, 8(4), 223-230. <https://doi.org/10.1016/j.explore.2012.04.004> (CV contributed Writing – original draft, Writing-review and editing, project administration, investigation)
18. Bobrow, J., Cook, E., Knowles, C. & Vieten C. (2013). Coming All the Way Home: Integrative Community Care for Those who Serve. *Psychological Services*, 10:2, 137-144. doi: 10.1037/a0031279 (CV contributed Writing – original draft, Writing-review and editing, conceptualization, project administration, investigation, methodology, formal analysis, funding acquisition)
19. Coleman-Phox, K., Laraia, B., Adler, N., Vieten C., Thomas, M., & Epel, E. (2013). Recruitment and Retention of Pregnant Women for a Behavioral Intervention: the Maternal Adiposity, Metabolism and Stress (MAMAS) Study. *Preventing Chronic Disease*,10:E31. PMID: PMC3592785. Published online 2013 March 7. doi: 10.5888/pcd10.120096. (CV contributed Writing-review and editing, investigation, methodology)
20. Vieten, C., Scammell, S., Pilato, R., Ammondson, I., Pargament, K. I., & Lukoff, D. (2013). Spiritual and religious competencies for psychologists. *Psychology of Religion and Spirituality*, 5(3), 129. <http://dx.doi.org/10.1037/a0032699>. (CV contributed Writing – original draft, Writing-review and editing, conceptualization, project administration, investigation, methodology, formal analysis, funding acquisition)
21. Vieten, C., Estrada, M., Cohen, A., Radin, D., Schlitz, M., Delorme, A. (2014). Engagement in a community-based integral practice program enhances well-being. *The International Journal of Transpersonal Studies*, 33(2). DOI: 10.24972/ijts.2014.33.2.1. (CV contributed Writing – original draft, Writing-review and editing, conceptualization, project administration, investigation, methodology, formal analysis, funding acquisition)
22. Thomas, M., Vieten, C., Adler, N., Ammondson, I., Coleman-Phox, K., Epel, E., & Laraia, B. (2014). Potential for a stress reduction intervention to promote healthy gestational weight gain: Focus groups with low-income pregnant women. *Women's Health Issues*, 24(3), e305-e311. <https://doi.org/10.1016/j.whi.2014.02.004> (CV contributed Writing-review and editing, investigation, methodology)
23. Vieten, C., Scammell, S., Pierce, A., Pilato, R., Ammondson, I., Pargament, K. I., & Lukoff, D. (2016). Competencies for psychologists in the domains of religion and spirituality. *Spirituality in Clinical Practice*, 3(2), 92-114. <http://dx.doi.org/10.1037/scp0000078> (CV contributed Writing – original draft, Writing-review and editing, conceptualization, project administration, investigation, methodology, formal analysis, funding acquisition)
24. Epel E, Laraia B, Coleman-Phox K, Leung C, Vieten C, Mellin L, Kristeller J, Thomas M, Stotland N, Bush N (under review). Effects of a mindfulness-based intervention on distress, weight gain, and glucose control in pregnant low-income women: A controlled trial. <https://doi.org/10.1007/s12529-019-09779-2> (CV contributed Writing-review and editing, investigation, methodology)
25. Laraia, B. A., Adler, N. E., Coleman-Phox, K., Vieten, C., Mellin, L., Kristeller, J. L., ... Epel, E. (2018). Novel Interventions to Reduce Stress and Overeating in Overweight Pregnant Women: A Feasibility Study. *Maternal and Child Health Journal*. <https://doi.org/10.1007/s10995-018-2435-z> (CV contributed Writing-review and editing, investigation, methodology)
26. Felder, J.N., Roubinov, D., Bush, N., Coleman-Phox, K., Vieten, C., Laraia, B., Adler, N., & Epel, E. (2018). Effect of prenatal mindfulness training on depressive symptom severity through 18-months postpartum: A latent class analysis. *Journal of Clinical Psychology*. 74(7) pp. 1117-1125. <https://doi.org/10.1002/jclp.22592> (CV contributed Writing-review and editing, investigation, methodology)
27. Vieten, C., Laraia, B., Kristeller, J., Adler, N., Coleman-Phox, K., Bush, N., Wahbeh, H., Duncan, L.G., Epel, E. (2018). The Mindful Moms Training: Development of a mindfulness-based intervention to reduce stress and overeating during pregnancy. *BMC Pregnancy and Childbirth*, (18), 201. <https://doi.org/10.1186/s12884-018-1757-6> (CV contributed Writing – original draft, Writing-review and editing, conceptualization, project administration, investigation, methodology, formal analysis, funding acquisition)

28. Roubinov, D. S., Felder, J. N., Vieten, C., Coleman-Phox, K., Laraia, B., Adler, N., ... & Bush, N. R. (2018). Maternal depressive symptoms and infant healthcare utilization: The moderating role of prenatal mindfulness. *General Hospital Psychiatry*, 53, pp. 82-83. <https://doi.org/10.1016/j.genhosppsy.2018.01.001>. (CV contributed Writing-review and editing, investigation, methodology)
29. Wahbeh, H., Radin, D., Mossbridge, J., Vieten, C., Delorme, A. (2018). Exceptional experiences reported by scientists and engineers. *Explore: The journal of science and healing*, 14(5), 329-341. <https://doi.org/10.1016/j.explore.2018.05.002>. (CV contributed Writing-review and editing, methodology, conceptualization)
30. Headen, I., Laraia, B., Coleman-Phox, K., Vieten, C., Adler, N., Epel, E. (2018). Neighborhood Typology and Cardiometabolic Pregnancy Outcomes in the Maternal Adiposity Metabolism and Stress (MAMAS) Study. *Obesity*, 27(1), pp 166-173. DOI: 10.1002/oby.22356 (CV contributed Writing-review and editing, investigation, methodology)
31. Vieten, C., Wahbeh, H., Cahn, B.R., MacLean, K., Estrada, M., Mills, P., Murphy, M., Shapiro, S., Radin, D., Josipovic, Z., Presti, D.E., Sapiro, M., Bays, J.C., Russell, P., Vago, D., Travis, F., Walsh, R. & Delorme, A. (2018). Future directions in meditation research: Recommendations for expanding the field of contemplative science. *PLOS ONE*. DOI: 10.1371/journal.pone.0205740 (CV contributed Writing – original draft, Writing-review and editing, conceptualization, project administration, investigation, methodology, formal analysis, funding acquisition)
32. Epel E, Laraia B, Coleman-Phox K, Leung C, Vieten C, Mellin L, Kristeller J, Thomas M, Stotland N, Bush N (2019). Effects of a mindfulness-based intervention on distress, weight gain, and glucose control for pregnant low-income women: A quasi experimental trial using the ORBIT mode. *International Journal of Behavioral Medicine*, 1-13. DOI: 10.1007/s12529-019-09779-2 (Springer Award for Excellence in Publication in Behavioral Medicine: 2019 Awardee) (CV contributed Writing-review and editing, investigation, methodology)
33. Pearce, M. J., Pargament, K. I., Oxhandler, H. K., Vieten, C., & Wong, S. (2019). A novel training program for mental health providers in religious and spiritual competencies. *Spirituality in Clinical Practice*, 6(2), 73. DOI: 10.1037/scp0000195 (CV contributed Writing-review and editing, methodology, funding acquisition)
34. Pearce, M. J., Pargament, K. I., Oxhandler, H. K., Vieten, C., & Wong, S. (2019). Novel online training program improves spiritual competencies in mental health care. *Spirituality in Clinical Practice*. Advance online publication. <https://doi.org/10.1037/scp0000208> (CV contributed Writing-review and editing, methodology, funding acquisition)
35. Wahbeh, H., Yount, G., Vieten, C., Radin, D., Delorme, A. (2020). Measuring extraordinary experiences and beliefs: A validation and reliability study. *F1000Research*, 8. <https://search.proquest.com/docview/2419008196?pq-origsite=gscholar&fromopenview=true> (CV contributed Writing-review and editing, methodology, conceptualization)
36. Penberthy, J. P., Hodge, A. S., Hook, J. N., Delorme, A., Pehlivanova, M., & Vieten, C. (2020). Meditators and nonmeditators: a descriptive analysis over time with a focus on unusual and extraordinary experiences. *J Yoga Physiother*, 8(3), 555744. DOI:10.19080/jyp.2020.08.555744 (CV contributed Writing – original draft, Writing-review and editing, conceptualization, investigation, methodology, formal analysis, funding acquisition).
37. Oxhandler, H. K., Pargament, K. I., Pearce, M. J., Vieten, C., & Moffatt, K. M. (2021). Current Mental Health Clients' Attitudes Regarding Religion and Spirituality in Treatment: A National Survey. *Religions*, 12(6), 371. <https://doi.org/10.3390/rel12060371> (CV contributed Writing-review and editing, methodology, funding acquisition)
38. Oxhandler, H. K., Pargament, K.I., Pearce, M.J., Vieten, C., & Moffatt, K.M. (2021). The relevance of religion/spirituality to mental health: A national survey of current clients' views. *Social Work*. Advance online publication. <https://doi.org/10.1093/sw/swab025> (CV contributed Writing-review and editing, methodology, funding acquisition)
39. Wahbeh, H., Yount, G., Vieten, C., Radin, D., Delorme, A. (2022). Exploring Personal Development Workshops' Effect on Well-Being and Interconnectedness. *Journal of Integrative and Complementary Medicine*, 28(1), 87-95. <http://doi.org/10.1089/jicm.2021.0043> (CV contributed Writing-review and editing, methodology, conceptualization)
40. Noroña-Zhou, A.N., Coccia, M., Epel, E., Vieten, C., Adler, N.E., Laraia, B., Jones-Mason, K., Alkon, A. and Bush, N.R. (2022). The Effects of a Prenatal Mindfulness Intervention on Infant

- Autonomic and Behavioral Reactivity and Regulation. *Psychosomatic Medicine*, 84(5), pp.525-535. doi: 10.1097/PSY.0000000000001066 (CV contributed Writing-review and editing)
41. Currier, J. M., Fox, J., Vieten, C., Pearce, M., & Oxhandler, H. K. (2022). Enhancing competencies for the ethical integration of religion and spirituality in psychological services. *Psychological Services*. Advance online publication. <https://doi.org/10.1037/ser0000678> (CV contributed Writing – original draft, Writing-review and editing, investigation, methodology, funding acquisition)
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II. Review Articles

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3. Vieten, C. & Lukoff, D. (2022). Spiritual and religious competencies in psychology. *American Psychologist*, 77(1), 26–38. <https://doi.org/10.1037/amp0000821> (CV contributed Writing – original draft, Writing-review and editing, conceptualization, project administration, investigation, methodology, formal analysis, funding acquisition)

III. Invited Articles

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- Schlitz M., Vieten C., Amorok T. (2008). *Living Deeply: The Art and Science of Transformation*. Berkeley, CA: New Harbinger Publications.
- Vieten C. (2009). *Mindful Motherhood: Practical Tools for Staying Sane During Pregnancy and Your Baby's First Year*. Berkeley, CA: New Harbinger Publications.
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B. Other Work

I. Abstracts

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- Vieten C., Astin J. (2006). Effects of a mindfulness-based intervention during pregnancy on stress and mood outcomes. (Presented at Mind and Life Summer Research Institute, Garrison, NY)
- Vieten C., DeLorme, A, Radin, D, Michel, L (2014). Psychophysiology of Spiritual Transmission. (Presented at Bial Foundation, Porto, Portugal)
- Vieten, C., DeLorme, A., Wahbeh, H. (2018). Extraordinary Experiences in Meditation. (Presented at International Symposium for Contemplative Studies, Denver, CO)
- Pittman, J.O.E., Currier, J., Tenega, C., Blanton, M., Hu, R, & Vieten, C. (2022, September 08-10). Using Rapid Qualitative Analysis, D&I Science, and Participatory Research to Disseminate Training in Religious and Spiritual Competencies across Mental Health Professions [Poster presentation]. Society for Implementation Research Collaboration Conference, San Diego, CA.

II. Popular Works

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III. Additional Products of Major Research

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(Primary Author) John W. Brick Mental Health Foundation (2020) Move Your Mental Health: A Review of the Scientific Evidence on the Role Exercise and Physical Activity in Mental Health. (Technical Report/Scoping Review) [LINK](#)

Sample Publications can be found at the following link:

<https://drive.google.com/drive/u/0/folders/1b4POaUKuNZVrnqgJCb2liKCAHdibJv3P>